

CONGREGATIONAL RECORD

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Shaarey Tphiloh Synagogue
 OFFICE: 76 NOYES STREET
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 Howard J. Levitan President
 Jay Ketover President, Brotherhood
 Mrs. Jay Ketover .. President, Sisterhood
 Shaarey Tphiloh Synagogue is affiliated
 with the Union of Orthodox Jewish Con-
 gregations.

*The Rabbi Speaks***BUILD A BETTER YOU**

How does one cope with situations that are universal in magnitude? How do we grapple with solutions to these enigmas? Judaism long ago arrived at a formula for the solution of certain of these problems. Our faith has set aside a specific period of time each year to analyze our lives and the world about us so that we may find answers to personal and universal dilemmas.

The set period for this process is the High Holiday season. In theological terms, we go through a "cheshbon hanefesh," a spiritual and religious inventory. Judaism is correct from the practical point of view when it directs us to start with ourselves—introspection, self-appraisal is the first step in ameliorating our situations.

An anonymous poet wrote 'Your task is to build a better world, said God. I answered 'how?' 'The world is such a vast place, so complicated, and I so small and useless am, there's nothing I can do.' "But God in his great wisdom said, 'Just build a better you'."

Each of us must strive to accomplish this task of building a better me, and in turn a better us and a better world.

My wife and family join me in wishing all of you a Happy, Healthy and Peaceful year.

Dr. Steven M. Dworken, Rabbi

A MESSAGE FROM THE PRESIDENT

It is again my pleasure, as your president to extend to you, our members, the New Year's greetings of the Board of Directors of Congregation Shaarey Tphiloh. We have worked long and diligently to make this New Year the start of one of the best years in our long history. We look forward to showing to you how meaningful your membership in the shul can really be.

As most of you are aware, this New Year will also signify a year in which much change will necessarily occur in the synagogue, with a fine new Cantor and later on in the year, a successor to our Rabbi, we will seek to expand and improve on what we already feel is an excellent resource, namely your shul membership. For those of you who actively participate in the shul functions, the rewards of membership are self-evident. We urge all others to join in and help us smooth out this year of change and share the rewards and self-esteem of participating in a fulfilling task.

In a personal note, my wife Greta, daughter Erka, and I wish you all a hearty and healthy New Year.

Sincerely,
 Howard J. Levitan, President

HOLIDAY MESSAGES

We find ourselves having mixed feelings with the start of our New Year. First we want to welcome Cantor and Mrs. Martin Davidson and son and wish them good health and happiness for all their years to come.

Our hearts are heavy with our Rabbi and family leaving us this year. He not only has been our Rabbi, but a close friend and advisor. We wish them only good things for the future. May they only have good health and happiness.

May the year ahead be one of health for every member. May we achieve for our synagogue and com-

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SCHEDULE FOR**SUNDAY EVENING**

Monday, October

Morning Service
 Torah Reading
 Rabbi's Sermon
 Yizkor
 Concluding Shofar

Candle Lighting Prayer

Baruch Ataw Ado-Nai
 B'Mitzvosove V'tzi

If you are interested in
 please contact

HOLIDAY MESSAGES

(CONTINUED FROM PAGE 1)
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 "Grant Thy People Israel t
 and blessings to become a
 mong the nations." As we
 New Year, we humble our
 Thee in the hope that The
 scribed us and our famil
 Book of Life and Happiness

Jay & Harriet, Jill & I
 Ketover,
 Pres. Brotherhood — Pres.

Breaking The Fast

The custom of breaking
 Kippur fast following the
 service will be continued t
 Blick in honor of their

The congregants will br
 24 hour fast with a delec
 past given by Mr. and Mr.
 Block in honor of their
 Wedding Anniversary.

MESSAGE FROM THE PRESIDENT

With my pleasure, as your representative, I extend to you, our members, New Year's greetings of the Directors of Congregation B'nai B'rith. We have worked diligently to make this New Year the start of one of the best in our long history. We look forward to showing to you how meaningful membership in the shul can be.

If you are aware, this year will also signify a year in which change will necessarily take place in the synagogue, with a fine start and later on in the year, to our Rabbi, we will seek to improve on what we have. This is an excellent resource, for our shul membership. For you who actively participate in the functions, the rewards of membership are self-evident. We urge you to join in and help us make this year of change and growth a year of rewards and self-esteem of membership in a fulfilling task.

On a personal note, my wife Greta, and I wish you all a healthy New Year.

Sincerely,
David J. Levitan, President

WELCOME MESSAGE

As we ourselves have mixed feelings at the start of our New Year, we want to welcome Cantor and Mrs. Martin Davidson and wish them good health and happiness for all their years to come. We are heavy with our Rabbi, who is leaving us this year. He has been our Rabbi, but also our friend and advisor. We wish him good things for the future. We hope he will have good health and

for the year ahead be one of the best for every member. May we all have our synagogue and com-

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SCHEDULE FOR HIGH HOLY DAYS (continued from page 1)

YOM KIPPUR

KOL NIDRE

SUNDAY EVENING, OCTOBER 3, 1976 AT 5:50 P.M.

Monday, October 4

Morning Service	8:00 A.M.
Torah Reading	9:45 A.M.
Rabbi's Sermon	10:30 A.M.
Yizkor	10:45 A.M.
Concluding Shofar	6:55 P.M.

IN THE SPIRIT OF THE DAY

Please respect the sanctity of the Synagogue, Sabbath and Yom Tov.

Ladies are requested not to carry hand bags when attending services.

Candle Lighting Prayer to be recited Erev Yom Kippur, Sunday, Oct. 3

Baruch Ataw Ado-Noy Elo-Ha-Nu Me-Lech Ha-o-lom Asher Kiddshanu B'Mitzvosove V'tzivonu L'hadlik Ner Shel Yome Hakippurim

If you are interested in purchasing an Honor during the High Holy Days, please contact the Synagogue office, 773-0693.

HOLIDAY MESSAGES

(CONTINUED FROM PAGE 2)

community all that we set out to do, and "Grant Thy People Israel the wisdom and blessings to become a Light among the nations." As we begin the New Year, we humble our hearts to Thee in the hope that Thou has inscribed us and our families in the Book of Life and Happiness.

Jay & Harriet, Jill & Kimberly
Ketover,
Pres. Brotherhood — Pres. Sisterhood

Greetings from the Cantor

Cantor and Mrs. Martin Davidson wish the entire membership a joyous, healthy, and bountiful year. May the coming year bring all of Klal Yisroel peace and tranquility.

HOLIDAY FOODS

It is customary on the first night of Rosh Hashonah to eat the following dishes:

1. Round loaves of chalah to symbolize the fervent hope and prayer that the year will be complete and whole for all of us even as a circle is complete and endless.

2. An apple dipped into honey to symbolize our fervent hope that the year which is to come be a sweet one.

3. Carrots, called "meren." The word "meren" also means to increase.

On the second night of Rosh Hashonah, it is customary to place on the table a fruit which has not been eaten all year.

Breaking The Fast

The custom of breaking the Yom Kippur fast following the Maariv service will be continued this year. Blessings in honor of their Golden

The congregants will break their 24 hour fast with a delectable repast given by Mr. and Mrs. Morris Block in honor of their Golden Wedding Anniversary.