

Beth Israel Bulletin

BANGOR, MAINE

SEPTEMBER 1973

VOL. 24, NO. 1

TISHREI 5734



HIGH HOLY DAY SERVICES

SELICHOS

SATURDAY, SEPTEMBER 22 12 O'clock midnight
 Holiday Workshop 10:00 P.M.

ROSH HASHANAH EVE

WEDNESDAY, SEPTEMBER 26
 Candle Lighting 6:05 P.M.
 Evening Service 6:15 P.M.

ROSH HASHANAH I

THURSDAY, SEPTEMBER 27
 Shacharis 7:30 A.M.
 Torah Reading 9:00 A.M.
 Shofar 9:45 A.M.
 Rabbi's Sermon 10:15 A.M.
 Musaf 10:30 A.M.
 Service Concludes 12:30 P.M.
 Mincha 6:00 P.M.
 Candle Lighting 7:05 P.M.

ROSH HASHANAH II

FRIDAY, SEPTEMBER 28
 Shacharis 7:30 A.M.
 Torah Reading 9:00 A.M.
 Shofar 9:45 A.M.
 Rabbi's Sermon 10:15 A.M.
 Service Concludes 12:30 P.M.
 Candle Lighting 5:55 P.M.
 Mincha 6:00 P.M.

JOIN OUR HOLIDAY WORKSHOP

Dear Friends:

How often have I heard the disappointment and frustration expressed by many of our worshippers in being unable to understand and appreciate the order and content of our High Holiday services.

This year, a new — and it is hoped — a meaningful High Holy Day Workshop in two sessions will be introduced at Beth Israel just prior to the holiday. Along with an informal discussion of the

history, traditions and rituals of the holidays, our newly formed CHOIR will chant some of the important prayers of our liturgy and lead us in the popular congregational responses.

Our HOLIDAY WORKSHOP is scheduled as follows:

Monday evening, September 17 at 7:30 p.m.

SELICHOS NIGHT

Saturday night, September 22 at 10:00 P.M.

Coffee and cake will be served following the workshop on both nights, compliments of our Sisterhood and Brotherhood.

SHABBOS SHUVA

SATURDAY, SEPTEMBER 29
 Shacharis 8:30 A.M.
 Torah Reading 9:15 A.M.
 Mincha 6:00 P.M.
 Sabbath Ends 6:55 P.M.

EREV YOM KIPPUR

FRIDAY, OCTOBER 5
 Shacharis 7:00 A.M.
 Mincha 2:00 P.M.
 Candle Lighting 5:45 P.M.
 Kol Nidre 5:50 P.M.
 Rabbi's Sermon 6:30 P.M.

YOM KIPPUR

SATURDAY, OCTOBER 6
 Shacharis 8:00 A.M.
 Torah Reading 9:45 A.M.
 Rabbi's Sermon 10:15 A.M.
 YIZKOR 10:30 A.M.
 Mincha 4:45 P.M.
 Neilah 5:30 P.M.
 Yom Kippur Ends 6:50 P.M.

JUNIOR HIGH HOLY DAY SERVICES

(in the vestry)

Rosh Hashanah 10:30 A.M.
 Yom Kippur 10:30 A.M.
 Service Ends 12 Noon

I certainly hope that you and your children will plan to be with us at both sessions. I am confident that it will be a most enriching educational and enjoyable experience, and will hopefully enhance your appreciation of the Holiday during the hours we will spend together in communal worship.

Aaron and Mark join Shoshana and me in extending to you and yours our very best wishes for a SHANAH TOVA.

Cordially,
 Rabbi Irving A. Margolies

WELCOME

We are happy to welcome you to our High Holy Day Services and to wish you and yours a very joyous and healthy New Year.

There is no service more beautiful and moving than the worship on the High Holy Days, replete with its dignity, pageantry and warmth; and indeed, no other book has so enshrined the spirit and soul of the Jewish people than the Machzor from which we pray and sing on Rosh Hashanah and Yom Kippur.

We, therefore, ask your cooperation in making our services the elevating religious experience we all want them to be by properly complying with the following requests:

Please . . . be prepared to come and pray with us. The Synagogue is not the place for conversation or idle chatter. This is the time for serious introspection and communication with G-d. We thus ask both our men and women to observe the reverence befitting our House of Worship and be most scrupulous in maintaining the proper synagogue decorum.

Please . . . come modestly and tastefully dressed for prayer. Men wear Talesim and Kipot (preferably white), and married women should wear hats or an appropriate head cover (not a "yarmulke").

Please . . . be considerate of your fellow worshippers and to those who are conducting the service by entering as quietly and as unobtrusively as possible when arriving late.

Please . . . heed the instructions and directions of the ushers. We ask your indulgence when, during certain portions of our service, you are asked to neither enter nor leave the Synagogue.

Please . . . withhold all exchange of greetings until the close of the service. In this way nobody will feel offended. After we have prayed for each other, we are in a position to give an extra warm greeting of *L'Shanah Tova Tikasavvu!*

CANTOR FRIEDMAN AND CHOIR TO OFFICIATE

We are pleased to announce that we have this year again engaged the young, talented Cantor, Israel Judah Friedman as Chazan for the High Holy Days with the assistance of our newly formed Beth Israel Choir.

During the summer months a choir consisting of Beth Israel members have been rehearsing the special traditional melodies of the High Holy Day services under the direction of our Rabbi and Shoshana.

With the leadership of our Cantor and choir it is hoped that all our worshippers will join in the congregational chanting so that we may experience deeper spiritual satisfaction and find greater meaning in the beautiful High Holy Day liturgy.

SELICHOS SERVICE AND HOLIDAY WORKSHOP SEPT. 22

The Selichos service which ushers in the High Holiday season will be held Saturday, September 22 at midnight in the Beth Israel Sanctuary.

Traditionally, Selichos are a supremely sacred and solemn prelude to the Days of Awe. They take account of the psychological truth that without proper preparation, genuine feeling is extremely difficult. We have much to pray for but, above all, we must pray for the power to pray properly. The Selicho service is specifically designed for this purpose.

In keeping with this theme of preparedness we are introducing this year a Holiday Workshop, to be given in two sessions. One, on Monday September 17 at 7:30 p.m. and the other prior to the Selichos service on Saturday night September 22 at 10:00 p.m.

Hopefully, the men and women of our congregation, our young Couples Groups, our youngsters and teen-agers will seize this opportunity to learn as much as possible about our holiest days of the year.

Following the workshop refreshments will be served during a social hour which will give the members within our congregational family the opportunity to wish each other well for the coming New Year.

Do plan to join us, and thus take advantage of this magnificent opportunity for camaraderie and enlightenment.

When You are Honored . . .

To be honored by ascending the pulpit for an Aliya or Pesicha (Ark opening) has always been considered by the Jew to be a high privilege and a great distinction. Since the Torah has always occupied such a central place in Judaism, association with the Torah is the greatest honor the Synagogue can confer.

As in the past year we will mail out, prior to the holiday, a special invitation to all those being so honored indicating the specific honor designated as well as the approximate time it will take place.

A prayer or Mishaberach will be offered for these honorees and their families. It is customary for the honoree then to make a suitable contribution to the synagogue as a gesture of appreciation.

In view of the limited number of Aliyas and Pesichas these honors cannot be bestowed upon all our worshippers. We do, however, offer the opportunity for any member to reserve an Aliya or Pesicha by notifying our Gabbai, Dr. Joseph Ornstein, at least two weeks prior to the holiday. In this manner, we hope we will be able to distribute the honors equitably among our worshippers.



BETH ISRAEL STUDY GROUPS

1973-74

We are pleased to announce that Beth Israel's Study Discussion Groups, on all levels, begun a year ago, have met with enthusiastic response by those of our members who participated in them.

Encouraged by the response, Rabbi Margolies is planning an expanded program this year in order to meet the needs of every member of our congregational family. Following is a brief description of the various groups and their opening meeting dates.

1. SUNDAY MORNING BROTHERHOOD BREAKFASTS

These Brotherhood Breakfasts are now a long tradition at Beth Israel. We start on Sunday November 4th and continue throughout the winter and early spring every Sunday. We begin with the regular morning service at 8:30 a.m. This is followed by a deluxe breakfast, tastefully prepared and served! Our Rabbi then delivers a short talk on a timely topic.

During the past season the Rabbi discussed topics such as, "Abortion and Jewish Law", "The New Sex Morality", "The Jewish Attitude Toward Marriage and Divorce", "Family Planning", and a host of other interesting topics. A question and answer period, quite often very heated, follows. Those who participated in the sessions will concur that they were always challenging, informative and stimulating!

It is hoped that many more members, especially of the younger set, will avail themselves of this worthwhile experience this year.

2. HAFTORAH CANTILLATION CLASS

This is a new and exciting class for men and youngsters past Bar Mitzvah who wish to learn how to chant any Haftorah in the Book, and be accorded the honor of Maftir at Sabbath services. The Rabbi will meet with this class Sunday mornings following the Brotherhood Breakfast. If you are interested in joining this class please let the Rabbi know.



3. Washing for purposes of pleasure is likewise prohibited.

4. All the laws pertaining to a Sabbath apply to Yom Kippur which is biblically termed the "Sabbath of Sabbaths."

I. YOM KIPPUR GREETING: "Gemar Chasima Tova". May you be sealed in the books of Life and Goodness.

J. CANDLE BLESSINGS FOR YOM KIPPUR:

1. Baruch Ataw Adonai Elohainu Melech Haolam asher kidishanu b'mitzvosav v'tzivanu le hadlik ner shel Yom Ha-Kippurim.

2. Blessed art Thou, Lord, our G-d, King of the Universe, Who has sanctified us with thou commandments, and has enjoined us to kindle the lights of the Day of Atonement.

3. Recite the "Shehechianu" Blessing (see III.1-2).

SIMCHAS TORAH FESTIVITIES OCTOBER 18 and 19

Simchas Torah celebrations will be held at Beth Israel Thursday, Oct. 18 at 6:15 p.m. as well as Friday, Oct. 19 at 9:15 a.m. Both the evening and morning services feature the HAKAFOT or the Procession of the Scrolls accompanied by joyous singing and dancing.

Simchas Torah is a joyous festival not for children alone, but for every Jew who is capable of carrying a Torah in his arms, a song on his lips and joy in his heart.

While we anticipate that all our children will attend this beautiful celebration, won't you make their joy — and yours — even richer by joining us in an HAKAFAH on this most joyous festival of the year?

AN APPEAL TO PARENTS

The Succoth holiday this year occurs during the weekdays of Thursday and Friday, both the first and last days of the holiday. These are sacred days.

Public schools in our community will, of course, conduct classes as usual. The question is: Will your children attend those classes as usual?

We implore our parents to supply a negative answer to this question. This would be the only positive way of affirming our dedication to the most sacred days on our Jewish calendar.

Jews have been keeping these holidays for quite a while — all the way back to Bible days, you might say. And against really serious odds. But our ancestors preserved our heritage and handed it on to us. What kind of descendants are we, if we can't make a minor sacrifice or two in order to carry on as they did?

Holidays are our chance to get together as a people, with our family and friends for spiritual purposes. It's on our holidays that every Jew, everywhere in the world, can get the feeling of being part of our whole people.

Is it not dishonest and unholy to teach our children all about our sacred Yom Tov only to have them pass it just as they would an ordinary Thursday and Friday?

Think about it.



KASHRUTH IN THE SYNAGOGUE

The following rules have been approved by the Beth Israel Board of Directors with regard to the use of our kitchen facilities:

1. Any individual or family or organization planning a Simcha or affair involving the use of our kitchen must secure an application from our House Committee Chairman, Mr. Harold Baron.

2. The application, listing the foods to be served, the date and time set for the preparation and cooking, must be submitted to our Rabbi two weeks prior to the scheduled event for approval.

3. All preparation of food to be cooked or baked in our kitchen must be done under the supervision of our Shames, Mr. Harry Gedal.

4. No cooked or baked goods from private homes may be used in the synagogue.

5. A list of approved kosher products obtainable at First National Stores which carry the "VH" (Vaad Hakasruth) emblem will be posted in our kitchen.

6. No deliveries are to be made on Shabbos of any item to our synagogue. This includes liquor, flowers, icecubes, etc. Nor is the removal of any item of food, flowers, etc. permitted until Saturday evening after Maariv.

Your utmost cooperation in the above is essential in order to maintain the standards of Kashruth in our synagogue. Please feel free to consult our Rabbi regarding any question of Kashruth that may arise.

SCHEDULE OF SUCCOTH SERVICES

SUCCOTH EVE

WEDNESDAY, OCTOBER 10

Candle Lighting 5:45 P.M.
Evening Service 5:50 P.M.

THURSDAY, OCTOBER 11 — First Day

Morning Service 8:30 A.M.
Evening Service 5:50 P.M.
Candle Lighting 6:50 P.M.

FRIDAY, OCTOBER 12 — Second Day

Morning Service 8:30 A.M.
Candle Lighting 5:40 P.M.
Evening Service 5:45 P.M.

WEDNESDAY, OCTOBER 17 — HOSHANA RABBA

Morning Service 6:30 A.M.
Candle Lighting 5:35 P.M.

THURSDAY, OCTOBER 18 — SHMINI ATZERETH

Morning Service 8:30 A.M.
Yizkor 10:00 A.M.
Mincha 5:45 P.M.

SIMCHAS TORAH HAKAFOTH 6:15 P.M.

Candle Lighting 6:35 P.M.

FRIDAY, OCTOBER 19 — SIMCHAS TORAH

Morning Service 8:30 A.M.
HAKAFOTH 9:15 A.M.
Mincha 5:45 P.M.
Candle Lighting 5:35 P.M.



עץ חיים היא למחזיקים בה
(משלי ג - יח)

"It is a Tree of Life unto them
that grasp it" (Proverbs 3.18)

Sisterhood

3. SISTERHOOD STUDY SESSION

A monthly meeting of Sisterhood members in the vestry of our Shul to begin Tuesday November 6 at 9:30 A.M. This past year Rabbi Margolies discussed "The Festivals Of The Jewish Year", their origin, meaning and customs. This season the group will examine "The Role Of Women in Judaism". Topics will include, "Are Women Still in Second Place?", "Women's Lib and The Torah", "Birth Control And Jewish Law", "The Professional Role Of Women in Jewish Life"

Coffee and cake precede the discussion. Please call Mrs. Herbert Maccoby to join this exciting adventure in Jewish learning.

4. SISTERHOOD CHORAL GROUP

Under the direction of our talented Rebbetzin Shoshana Margolies, the CHORAL GROUP will begin its rehearsals for our annual Chanukah Festival Program on Monday November 5 at 9:30 a.m. in the vestry of our Shul. If the past two years are any precedent, this year's program promises to overshadow the outstanding successes of the past in both form and content.

If you are at all musically attuned and eager to share the fun, please contact Shoshana to join Sisterhood's Choral Group.

DATES TO BE NOTED

Sept. 11 — Board Meeting — Vestry 9:30 a.m.

Sept. 18 — Regular Meeting — Vestry 1:00 p.m.

October 14, 15, 16 — Rummage Sale

October 18 — Simchas Torah Party 6:30 p.m.

November 6 — Sisterhood Study Group 9:30 a.m.

B I S

THERE'S NO BUSINESS LIKE
SHUL Beth Israel Sisterhood!

As President, I would like to extend sincere good wishes to all the families of our congregation for a Healthy, Happy New Year.

I look forward to a year of meaningful activities by our Sisterhood with the hope that the central theme of the New Year be joy and contentment in our homes, related to an active and integral involvement with our Synagogue.

Eleanor Chason
President, Beth Israel
Sisterhood

5. MARRIED COUPLES HOME DISCUSSION GROUPS

The response to our two Married Couples Groups last year was remarkable. Approximately 30 couples met with our Rabbi in two separate groups each month and participated in intensive heated debate on such topics as "The Jewish Vote", "What's Wrong With Mixed Marriages?", "The Jesus Movement", and "Why Can't Women Be Called To The Torah?".

The first meeting this year will be held on Tuesday November 13 at 8:00 p.m. at the home of Rabbi and Mrs. Margolies. Subsequent meeting dates will be decided by the group. It is expected that the response this year will be even wider than last year's. Since the number of each group must be limited please contact the Rabbi early if you wish to be part of this exciting experience in open and frank discussion!

6. TEEN AGE RAP SESSIONS

For our teen age youth between 13 and 17, new and stimulating "Rap Sessions" in a home setting are being planned. The Rabbi will discuss problems that trouble our youth today and the answers that Judaism offers. Encourage your youngsters to attend these rap sessions in a social, informal atmosphere!

Please call the Rabbi to include your son or daughter in the proper age group.

In the above, there is a BETH ISRAEL group for you! Join one and bring your friends along too! Make time in your weekly or monthly schedule for Jewish study and encourage your children to do the same. Judaism is not limited to any age group. It belongs to everyone. It belongs to you. Isn't it time you did something about it?

PRESIDENT'S MESSAGE

It is with much pleasure that I convey this message to you. This is the time of year when many of us experience a special kind of feeling, a feeling which encompasses us prior to and during the High Holy Days.

Let us give thanks to G-d for our blessings by attending and participating in the forthcoming High Holy Day services.

I heartily express my thanks and gratitude to those who so helpfully worked closely with Rabbi Margolies and myself, thus making the past year a successful one.

I am pleased to extend to all of you best wishes for a happy and healthy New Year from the officers and the Board of Directors of Beth Israel Synagogue.

Seymour Chamoff,
President



Rabbi Margolies

GUIDE FOR ROSH HASHANAH & YOM KIPPUR

I. NAMES OF THE HOLIDAYS:

A. YAMIM NORAIM — Days of awe — indicative of the serious atmosphere these days usher in.

B. ROSH HASHANAH — The Head of the Year — the first and second days of the Jewish month of Tishrei. It was on these days that the following events are said to have occurred;

1. Adam was created on Rosh Hashanah, committed the first sin on that day, and was forgiven by G-d.

2. Our forefathers, Abraham, Isaac, and Jacob were born on this holiday.

3. It initiated the beginning of the agricultural and business year in ancient Israel.

4. Ezra, the scribe, began the custom of reading the Torah publicly on this festival, thereby prompting the people to ponder their ways and resolve to return to G-d and His Torah.

5. The slavery terminated in Egypt.

C. YOM TRUAH — The Day of the Sounding of the Shofar.

D. YOM HA-ZEKARON — The day of Remembrance — we are asked to remember our sins and our commitment to G-d's Torah, while G-d is beseeched to remember his promise to Israel and allow the meritorious deeds of our ancestors to intercede on our behalf.

E. YOM HA-DIN — the Day of Judgment — G-d sits in judgment on His throne of Mercy to forgive those who approach Him with a penitent heart and a firm resolve to change for the better.

F. YOM KIPPUR — the Day of Atonement — we pray that G-d, in His bountiful mercy will cleanse us of our sins and seal us in the Book of Life.

II. IDEALS OF THE HOLIDAY:

A. TESHUVA — repentance — a return to G-d from a path of misdeeds and religious and moral laxities. The process involves an admission of a wrong-doing, followed by an inner catharsis, and concluded by a public confessional beseeching G-d to allow us to start afresh unhampered by the guilt of the past.

B. T'FELAH — prayer — a turn toward G-d in earnest conversation and dialogue, lifting our voices so that He might hear our cries, accept our resolve and forgive our sins.

C. TZEDAKAH — charity — not merely of a monetary nature, but all deeds of good will toward men are included within this concept. Through honest tzedakah, we affirm that our intentions are not merely empty words and thoughts.

In the words of the Machzor: "But repentance, prayer and charity will avert and cancel the stern decree."

III. SYMBOLS AND CUSTOMS OF THE HOLIDAYS — ROSH HASHANAH:

A. SHOFAR — the Ram's horn sounded on Rosh Hashanah (except when the festival falls on a Sabbath). The following are the key reasons given for this symbol:

1. Awakens man from his complacency and impels him to repent from his evil deeds.

2. Calls to mind Abraham's willingness to sacrifice his son to obey G-d's command, implying that we, too, must be willing to give of ourselves to support and strengthen the fabric of Judaism.

3. Calls to mind the giving of the Torah, at which time the Shofar was sounded to remind the people of their obligations toward G-d.

4. Interprets the weeping voice of G-d waiting for His people to return to him.

5. Expresses the hope in the Messianic Era which will be ushered in by the Shofar.

B. SOUNDS OF THE SHOFAR:

1. Te-kiah — one long blast of the Shofar

2. Shevarim — three medium blasts.

3. T'ruah — nine short blasts sounded quickly

On each day of Rosh Hahanah, one hundred sounds of the Shofar are blown.

C. SELICHOT — a group of penitential prayers recited the Sunday before.

D. MACHZOR — the special prayer book used for the High Holiday Services.

E. TASHLICH — casting away our sins — this custom involves the recitation of special prayers on the afternoon of the first day of Rosh Hashanah at the bank of a river or lake. It is symbolically putting into action the picturesque words of Micah, the prophet, "And Thou will cast into the sea all their sins."

F. White — a colour associated with the Festival of Rosh Hahanah and Yom Kippur. Synagogue vestments are changed to white as well as the skullcaps of the worshippers. As white symbolizes purity, so too we ask G-d to purify us from our sins. In a similar fashion the cantor wears a kittel to express the seriousness of his mission before the Congregation.

G. HONEY AND BREAD OR APPLES — eaten during the festival and symbolic of our hope for a sweet year. We recite the following as we partake of this food. "May it be Thy will, Lord our G-d, that we may be blessed with a sweet and good year."

H. ROUND CHALLOS — we purchase a challah in this shape to indicate a wish for a smooth and peaceful year.

I. BLESSINGS SAID OVER THE CANDLES:

1. Ba-ruch A-Taw Adonai, Elohainu melech ha-olam asher kidishanu b'mitzvosav ve-tzivanu, lehadlik ner shel yom tov.

Blessed art Thou, Lord our G-d King of the Universe, who has sanctified us with Thy commandments and enjoined us to kindle the festival lights.

2. Baruch Ataw Adonai Elohainu Melech Ha-olam sh'hechianu, ve-ki-amanu, ve-hegianu, la-zeman ha-zeh.

Blessed are Thou, Lord our G-d, King of the Universe, Who has kept us alive and sustained us to enable us to celebrate this day.

J. HOLIDAY GREETINGS — Le-shanah Tova Tekasaivu — May you be written down for a good year.

IV. THE DAYS INTERVENING BETWEEN ROSH HASHANAH AND YOM KIPPUR:

A. ASERET Y'MAI T'SHUVA — the Ten days of Repentance — these days find G-d and His people in their closest possible association. It is a time when we are asked to prove the intent of our resolve and begin the strenuous but rewarding procedure of repentance.

B. SHABBOS SHUVA — the Sabbath of Repentance — considered one of the two most important Sabbaths of the year. The Haftarah from Isaiah contains the beautiful imperative, "Return (Shuva), O Israel, for you have stumbled in your iniquities." It is a day of deep meditation and serious observance.

C. TZOM GEDALIAH — the Fast of Gedaliah. Gedaliah was the governor in Judea after the destruction of the first Temple in 586 B.C.E. With his assassination, the exile of the Jews became a frightening reality, and the commemorative fast was to symbolize the never-ending wanderings of the Jew over the face of the earth.

V. SYMBOLS AND CUSTOMS OF THE HOLIDAYS — YOM KIPPUR:

A. VIDUI — the confessional prayer in which the Jew publicly admits his sins to G-d. The plural form is used to indicate the responsibility one Jew must always feel for another. It is first said at the Mincha Service prior to Kol Nidrei.

B. MECHILAH — asking one's neighbor for forgiveness for any wrong done in the past year. This must be done prior to Yom Kippur, as G-d will not forgive sins committed against another person unless the individual is first forgiven by that person.

C. KAPAROS — It was customary to twirl a fowl around the head to symbolically atone for my sins and assure a good year." Nowadays, the custom may be performed with money (in multiples of 18 - Chai) which is later donated to charity.

D. SE-UDAH HA-MAFSEKES — This is the final meal before the fast. This repast takes on a festive air to express our faith in G-d and His judgment; it may also indicate that fasting on Yom Kippur is a sacrifice of joy rather than sorrow.

E. BLESSING THE CHILDREN:

On the eve of Yom Kippur, it is customary to bless one's children, praying that they, too, will have a good fortune in the year ahead.

PARENTAL BLESSING

FOR SONS

May G-d make you like unto Ephrayim & Manaseh.

FOR DAUGHTERS

May G-d make you like unto Sarah Rebecca, Rachel and Leah

May the Lord bless you and keep you; may the Lord countenance you and be gracious unto you; may the Lord favour you and grant you peace.

F. KOL NIDREI — a public disavowal of all oaths and promises that were made and not kept. It is said in the presence of the Sifrei Torah in a mournful and plaintive melody.

G. TALLIS — the prayer shawl is worn in the evening to indicate that the Yom Kippur Service is a continuous one — from sundown to sundown.

H. LAWS OF YOM KIPPUR:

1. Shoes made of leather may not be worn in the synagogue, leather symbolizing wealth and sophistication.

2. Fasting begins from the eve of Yom Kippur. No food or drink is permitted unless doctor's orders require it, and even then, a Rabbi should be consulted.

**Has Your Child
Ever Seen You At Prayer?**

Psychologists urge that children participate and share in all activities of family life. Such experiences, they say, make for stronger family bonds and a more secure family unit.

We have visited homes where children are permitted to stay up late to greet the guests, where they go to the movies with their parents, where father takes time off to take them to the football games. All that helps strengthen the relationship between parents and children.

Children see their parents in every mood, but one. Has your child ever seen you praying? Have you ever taken your child to services? Some parents do, and derive much pleasure from the experience. Family worship will help round out the total picture your child has of you.

Parents should accompany their children Saturday mornings. You should give your child that wonderful experience of praying together with you. Let your child see you at services.



AN OPEN LETTER TO PARENTS WHO HAVE A SON OR DAUGHTER IN COLLEGE

Dear Member:

Beth Israel is very interested in maintaining contact with your son or daughter who is at college. Among the several plans for our youth is the Homecoming Service, planned for Friday evening, December 28, in which we will take delight in honoring our collegians.

If you have a son or daughter at college, please submit his or her name on the form below and mail it to us. We shall be happy to include them in our plans. We strongly urge you to respond as soon as possible so as to give us ample opportunity to prepare for what we hope will be a memorable weekend.

Cordially yours,
RABBI IRVING A MARGOLIES

COLLEGE STUDENT QUESTIONNAIRE

Name of Son or Daughter

Name of College Year

College Address

.....

Home Address Phone

The Rabbi, President, and members of the Board would like to wish to one and all a very healthy and joyous New Year!

Happy New Year



לשנה טובה תכתבו ותחתמו

The Beth Israel Congregation is grateful to the following firms and individuals who are helping defray the cost of our Bulletin. Allen Lewis Co., Boston Store, Emple Knitting Mills, Epstein Clothing Co., John Paul Co., Penobscot Shoe, Rapaport Auto Co., Shire Bros., Viner Bros. and Mrs. Daye Rosen.

Beth Israel Congregation
York Street
Bangor, Maine 04401

NON-PROFIT ORG.
U. S. POSTAGE
PAID
BANGOR, MAINE
PERMIT NO. 697