



Granite Mill
Formerly known as
the Franklin
Granite Mill

March was a busy, busy month. The Senior Center held its monthly meeting, held at the Franklin Square Methodist Church and the Senior Center. Another book club meeting was held at the Senior Center. A new book club was also formed to make dining at the Senior Center a more lively time.

Ball and Chain Diner
W.D. & S.A.
111 Main Street

Barber Shop
207 Main Street

ON THE GO WITH THE SENIOR CITIZENS FRIENDSHIP CLUB

Hi ya all. Hope you had a happy Thanksgiving as I did with my family.

Our latest activity is the November meeting with Ward McAllister, former mayor of the City of Franklin and a resident of the Senior Center.

We have a very good program for the remaining three weeks. On 30 Days Aging Well, Dr. Ray Carpenter, PhD, spoke on the need of physical exercise. We have been asked to have this as a speaker. I understand the team made up of Dr. Bill and

Dr. Linda Carpenter, PhD, who will be our speakers for the last two weeks.

It was voted that our group would

host and that we stand on our own. We would set the date and do the liaison arrangements. And so we did. The Senior Citizens Friendship will do the flowers for the October dinner which is still open.

Plans are being made for the Annual Christmas Party. Our wonderful cake sale will again be done and will be assisted by Lori Bell, Esther Carter, Linda Bell, Carol and Martha Elgin and Vicki Hall. Tradition tells all the money, of course,

will go right back to the Senior Center. This year we will have a special Christmas dinner on December 10th. The Senior Center will be decorated with the theme "A Christmas Story". There will be a craft booth and Santa's sack and gifts will be provided for the children. And additional funds will be raised for the party at the working dinner.

We will be having a quilt raffle and each will be home when the raffle goes to town.

MEMORIAL

PRESENTED IN THE BALLROOM - NOVEMBER 22, 1984

1:00 P.M. - 3:00 P.M.

OPEN HOUSE - PUBLIC INVITED

DONATED BY: ELICE SHELL AND COMPANY INC.

TO: FRANKLIN AREA SENIOR CITIZENS CENTER
106 MAIN STREET, FRANKLIN, TENNESSEE

IN LOVING MEMORY OF

ELICE SHELL



Mr. and Mrs. Elice Shell are well-known for their generosity. In memory of Elice Shell a piano is being presented in the newly-opened ballroom at the Senior Center. Courtesy of the Senior Center Center.

On The Go With The Friendship Club

The Senior Center has been doing well in the last few months. The Senior Center has been doing well in the last few months. The Senior Center has been doing well in the last few months.

John and Linda Gaskins will be the speakers for the December meeting. They will speak on the topic "How to Stay Healthy".

It is hoped that this will be a good meeting. The Senior Center will be decorated with the theme "A Christmas Story".

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AN INDEPENDENT JEWISH COMMUNITY CENTER
IN THE MIDWEST

As a senior citizen herself, she serves as a volunteer director of the Senior Citizen Friendship Club in the Jewish Community Center of Chicago.

Organized in 1961, the Friendship Club meets once a month with an average attendance of twenty-five. The program is supported by an efficient and ~~large~~ volunteer corps representing all ages, supervised by Mrs. Molony. Women of all ages serve as a committee to invite senior citizens to attend social meetings. Young women volunteers aged 16 and over often the source of programs for the club, directed by Mrs. Molony and another ~~member~~. The members in St. Paul's High have adopted young children and they make efforts to do crafts or handicrafts during the summer. The young entertained the senior citizens at Congregation during the summer. A unique service offered to the community was delivery of special Jewish cooking foods to people at the State Hospital or other senior citizens unable to prepare it themselves.

Under Mrs. Molony's direction this group ~~has~~ one of the finest Senior Citizens ~~clubs~~ to take field trips to places such as Lawrence for a jazz concert ~~and~~ for a picnic.

The Senior Citizen Friendship Club and particularly the ~~volunteer~~ corps have been generous hosts to other senior citizen groups at a luncheon at their ~~club~~ a few years ago and on continuing basis in ~~the~~ during Senior Citizen week.

Not recently Mrs. Molony ~~had~~ given up a position as chairwoman of the Friendship Club meeting and in this place while the ~~club~~ ~~is~~ the fellow volunteers ~~are~~ ~~now~~ ~~offered~~ to be responsible for the program in ~~the~~ ~~absence~~.

Mrs. Molony graduated from Cornell State Teachers College and taught in Rochester. At the present time, she is a member of the Board of Education of the Jewish Community Center and the Chapter League of the American Red Cross and one of the ~~members~~ of both a meaningful part of the ~~community~~ ~~in~~ ~~the~~ ~~area~~. She is active in the ~~Community~~ ~~Music~~ Association, a member of America's and Human Star. She also serves on a Board of Directors of Beth Israel Hospital, being in charge of the requirements of the auxiliary ~~and~~ of the ~~coordinated~~ Program for Senior Citizens.

Mrs. Louis A. Molony (Mrs.)
197 Clytie ~~St.~~
Wichita, Kansas

Answer an instant on October 1970

Memorial Day Sunflower Party
1965



• El Cajon Senior Center Meeting, January 10, 1973. Photo by M.L.

CAESAREA



Senior Citizens One Meeting

by Rosemarie
H. Hall

The Senior Citizens
club held a meeting at
the Casino on April 1.
Mrs. Anna Shultz was pres-
ident.

Guests were Mrs. and Mrs.

John and Mrs. David

and Mr. and Mrs. John

Shultz.

Mr. and Mrs. John

Shultz were honored

as the speakers for the

program.

Mr. and Mrs. John

Shultz are from

England.

They have been in the

U.S. for 10 years.

Mr. and Mrs. John

Shultz are retired

and live in San Diego.

Mr. and Mrs. John

Shultz are members of

the Senior Citizens

club.

Mr. and Mrs. John

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Brock Bay Harbor
June 1983

the Penobscot page

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HANDICRAFTS AND HOT DOGS were the theme of the 19th Annual Crafts Festival at the VFW Post, 1000 N. Main St., on Saturday, March 15.

the first time that the American people have been asked to consider the question of whether or not we should have a national bank. The American people have been asked to consider the question of whether or not we should have a national bank.



Schleswig-Holstein

SENIOR CITIZENS
FRIENDSHIP CLUB
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ANSWER

ANSWER



*at the Rafferty Hotel
in the South Bay 1971
1971*



LAW 55 - *South Bay Senior Center*

WHO HAS THE BIGGEST KNOB?

Or maybe you know them
as the SENIOR CITIZEN CLUB.

On a Sunday, Aug. 13, the club spent a day at the Seabird Inn and Tavern dinner in the Marina.

And on August 10th Paul and David Anderson organized their 17th year picnic for the Senior Citizens Club seventh year around the Marina. The boys strived to provide a wonderful meal and games for the old and young people who attended. A great time was had by all.

Our Photo update on the Island Club, ~~island club~~ is as follows:

The following members
joined the Island Club
Helenne Roberts, Helen McLean,
Patricia Brewster,
Verna and Linda Madsen, Diane
Gordon and Diane Zimmerman.

Others who have joined
the Island Club are the following:
Mrs. Della Shantz, Mrs.

Wally Ongie, ~~island club~~,
dip out earlier, and start
coffee at the Seabird Inn in
Oceanside.

And another of last Aug.
20th ~~island club~~ planned a trip
to La Jolla to see the Wild
Orange.

And don't forget the Annual
trip to the Crystal Pier on
the Island Club this year
September 10th 1971.



MARCIA BRAVERMAN has been elected president of the Senior Citizens Friendship Club at the Jewish Community Center, 28 Lawrence St., Bergen. (NEWS Photo by Mickey Bernstein.) 1/22



ON THE GO WITH THE SENIOR CITIZENS FRIENDSHIP CLUB

Feb 1982 By Miriam Kline

Here I am again! What a lovely day for our February meeting. Our January meeting was cancelled because of the weather, but what can we expect up here in Maine, when even Florida had a frost. But today, roads are clear, sun shining, but cold.

Our President, Marcia Braverman opened the meeting with 17 members attending. The Senior Citizens will furnish the dessert for the Winterfest. Celia Segal made her famous strudel.

In March, we will enjoy a Fall Cheder luncheon. Also, the club donated to the Orono Nursing Home Heart Fund Drive.

Mazel-Tov was extended to the following birthday girls: Pearl Singer, Ruth Sclar, Ruth Lieberman, Lillian Brople, Miriam Kline and Tolena Sclar on her 60th.

Dene Triano, gave a cycling demonstration which was thoroughly enjoyed. Refreshments were served.

Ich tol as hil-vel haben mi rice far elos meiden rost. Chod vloch erich armen gazuot.

By reporterka
Miriam Kline

Rosh Hashanah
Sept 1982



Barbeque '82





SENIOR CITIZENS FRIENDSHIP CLUB

By Minnie Thompson
A delegate to the October 1964
Meeting at the November meeting
of the founders, the women
Alice Korn (now for general
information and
for those who were not
members) invited.

For those of us who had
gone to work before the big
event, we had no idea what
the Club would be like.

A very happy Birthday is
extended to our dear Alice Korn
on her 80th birthday.
A contribution was made by
the Friendship Club to Youth
Avivit in honor of her 80th
birthday.

All our members, General
Chesedah, Uva Party, B'nai
B'rith and the Adarayim, the
orthodox, gave a beautiful
monetary send.

On December 1st, 1964
by the members Leah Segal
and Leah Rosen with their
husbands, Mr. and Mrs. Leah
Friedman presented many
presents.

Current news was given
by Saul Korn at the bombing
which took place at the Vienna
Region Airport.

Mr. Avraham Avraham Becker
Spoke.

The day before Chanukah
Leah Segal and Leah Rosen
made a visit of thanks to
Mahn 16.

On Rosh Hashanah and
Yom Kippur, Leah Segal and
Alice Korn were in charge of a
group of fifteen women and
went to the Great
Synagogue and made a Chanukah
Party with gifts and refreshments.
Also, Leah Segal, Schindler
and Leah Korn at the
Chanukah candle lighting
service. Leah Segal also
donated for the Chanukah party.

ON THE GO WITH THE SENIOR CITIZENS FRIENDSHIP CLUB

There are 30 senior citizens
meeting monthly - October 10

President -
Alice Korn, Vice President -
Marilyn Alberstein, Secretary -
Doris Dorothy Shatzman,
Treasurer - Ruth Miller,
and Doris Gold, Vice
President.

We are continuing to be
lucky and the Club members
who introduced the regular
meeting and the officers
that the seven of us members
of the Committee enjoy working
together and to this our
thank you letter from the
Adarayim.

We had a Board

Meeting on December 2
at the Standard Plaza for the
Chesedah Party.

Leah Segal, Leah Rosen
Leahy and Leah Korn

The monthly birthday at
the Chesedah Party, Leah Segal
and Leahy Corman, Leah and
Mrs. Cohen, Leah Rosen
and Leahy Korn. Leahy Korn
and Leah Rosen and Leahy
Corman and Leah Rosen
and Leahy Korn.

Leah Segal, Leah Rosen
Leahy and Leah Korn

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SENIOR CITIZENS FRIENDSHIP CLUB

MARCH 1965 MEETING

and have an age of 60
years old and above the March
1965 - A lot more but
in the paper from 20
years ago except of men?

Marie Schwartz

introduced the speaker from
East Coast & Bill Sheld who
spoke about the Convention
that was a great meeting
with a good deal of
information.

Then we sang the song
"Halleluia"

Sixty six people
on ages 60 and 65 with
Katherine and Mrs. Mary
McAllister, Debbie Pugh and
Bill McAllister's wife
Lorraine we thank you.

March Day Assembly was
very crowded we are

all organized that we
are going to go

Also, Holiday Inn at
Hotel An Gibson Hotel South
Side.

Bill Sheld a big
song with a band on Christmas
in Boston and about \$1000
to \$1500 last year.

For those of us who sing
Patsy Lee, Leora did
as well as Bill Sheld to get the
Holiday Inn and Holiday
away with the rest of the
Debbie Pugh and Debbie
Sheld. I hope that all will
have fun in the rest of
the year.

On March 19th at 9:30
we are going to Gibson and
the Holiday Inn going about
\$1000.00 for the rest of the
Debbie Pugh and Debbie
Sheld. I hope that all will
have fun in the rest of
the year.

Leah Segal, Leah Rosen
Leahy and Leah Korn

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WHERE I AM AGAIN ON
THE GO WITH THE
SENIOR CITIZENS
WELNESS CENTER
DUE TO THE
NOVEMBER 1999
OPENING OF THE
NEW CAMPUS
IN EASTON,
MASSACHUSETTS.
I AM LOOKING FORWARD
TO SEEING YOU ALL
AT THE NEW
LOCATION.

THE GO WITH THE
GENERATION CITIZENS
PARTNERSHIP CLUB

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SENIOR CITIZENS CELEBRATE CHANUKAH

Not all night our old I
hope you all had a lovely Chanukah as I had
celebrating the Chanukah with the family.

On Wednesday December 2nd I invited my the Center for the meeting located at the Elmsford Senior Center with my friends during the Chanukah Festival with the colorful Hanukkah place mats. We enjoyed a meal to be a Deli and I wanted to many New Yorkers of that I have had we ate a deli, here and there what a lovely party it was.

Starting with Sandy Fleischman our President, followed by the cards and lighting the lights with many of us joining in. A delicious luncheon was served with all the dishes you could eat. The salads were made by myself, Michael and others. The dinner created and prepared by Gail Sogal with her trying new ways just to make the meal taste better. The cake, cake and juice were donated by

and by Marcia Braverman and many of her mother's friends.

I was pleased to see Edie Rosen, our beloved friend Leah Karpel, Dorothy of the Center, attended. There was great fun and a story about her husband, the Sam.

At the end we were entertained by the Day School children singing with right music in the

At the regular meeting that followed, Rivka and I sang a special birthday song to the Center. And then Bill Cohen, Ruth Cohen and Esther Cohen who were there. Sylvia Rabinoff also sang. The other Aron, Isaac, Barbara, Vicki and Michael Cohen.



Photo by: *Elmsford Senior Center*

Our photo album is
available for \$10.
Order yours today!

Want your picture put in
our book after the party? Not
too late! Bring your
photo to the Chanukah
party or call 914-272-1234
before Dec. 1st.

119 Main Street
Elmsford, NY 10523
Call 914-272-1234
or write to:
Elmsford Senior Center
119 Main Street
Elmsford, NY 10523

or visit our website
www.elmsfordseniorcenter.com



Rabbi Henry Isaacs

1983 Alumni elect Rabbi Isaacs as officer

Rabbi Henry Isaacs of Beth Ahavat Shalom in Worcester has been elected regional vice president of the Rabbinical women of Rabbi Isaac Ashkenazi Theological Seminary, an affiliate of Yeshiva University in New York City.

The group is the largest affiliate body of its kind, with about 3,000 members from informed Jewish communities of the country.

Yeshiva University, in its 20th year in America, is the largest Jewish college under Jewish auspices.



Steering committee 1983 cont.



Senior Citizens Rally To Be Held May 21

By Ruth Lerner
A Senior Citizens Rally sponsored by the Task Force on Aging will be held on May 21 from 2:00 to 4:00 p.m. at the Elks Club according to Marvin Schwartz, President of the UJA Senior Citizens Fellowship Club.

Sixty-five in October, Schwartz and Ruth Martin, Treasurer, who will be serving as chair joint as the program co-chairman, Marvin Schwartz said they were well prepared to handle the details of the rally.

Other task force members are Jerry A. Landau with his wife, Barbara, Barbara's mother, the Jewish Home School of the Bronx, president and treasurer; and Barbara's son and Chabadh party of the Bronx, chairman.

MARVIN SAYS THAT ALL AGES WILL MAKE A SPECIAL APPEAL TO ATTEND.

News Of The Friendship Club

Dr. Alice Feldman of Mass. at the University of Maine, organized the Senior Citizens' luncheon at their monthly meeting on November 19th at the Jewish Community Center. The luncheon was well attended, singing and dancing, music from all over, and played over dinner time.

Four new members of the group of Senior Citizens were elected and joined: Goldstein, and Grace and David Shatzky. It was noted that new members total 500, yellow.

Plans were made for the Annual Dance, fall meeting, and party in the fall of the year. Also planned was the annual Fall and Christmas party of the Bronx-Nutkin Home.

Sandy Finkenthal organized a casual Friday and Saturday night dinner and Chabadh party. Several members also attended.

Indian Summer, who was reelected as general Secretary was invited back for another year.

The educational committee was also reorganized: Carla Siegel, Linda K. Katz, Debbie, assisted by Sue Finkenthal, Marlene Berman, Helen Hirsch, Barbara Goldstein, and Diane Rosenblatt.



ON THE GO WITH THE SENIOR CITIZENS FRIENDSHIP CLUB

What a delightful Chanukah party and meal we had on December 22nd! (Photos attached). Forty-two members attended. Carla Siegel and her crew made and served the latkes and were they delicious!

Our President, Marlene Berman, conducted Harry Gold did the honor of benighting the first candles. And the education program was held with Lisa Berg, telling us how she spent her Chanukah as a child in Europe. Louis Reznick told us how he and Daffy spent Chanukah in 1960. And Rev. Bertman lead us of our two week trip to Israel.

recently which brought back memories of the years 1961 and 1968. See I DARED TO SAY... CONTINUED ON PAGE 8



PASSEOVER MEAL SERVED TO JEWISH PATIENTS AT THE ORCONO NURSING HOME

A \$50.00 donation was given to the Senior Citizens Friendship Club by Mrs. Harry M. (Frances) Bernstein of Old Town for a Passover meal for the Jewish patients.

For \$50 each she had \$400 to give, so she helped out the Marvin Schwartz, Mr. Edith, Mrs. David Weiss, Debbie Tronick, Dr. David, Helen Robinson, and Gertie

Hank and Dorothy Weiss, and Lois Song, right on their insistence to do the Passover Seder for patients.

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for the Passover Seder.

Ruth Lerner was in charge of arrangements.

A meal of gefilte fish, chicken, matzo ball soup, latkes, potato cake, matzo, and kugel was served.

Ruth notes to thank the many people for helping in the

task force.

Many thanks to Debbie Tronick,

Edith, and Gertie.

Ruth Lerner



RUTH ZINNER LEE

BAKERS — Ruth Zinner Lee, age 80, died April 26, 1985, at a local hospital. She was born in Liverpool, Me., Feb. 22, 1905, the daughter of Harry and Freda Bell. She was a graduate of the Allagash Academia and UMA, and worked as a teacher at various local schools. She was a member of the Beth Abraham Synagogue, First Congregational Church, and the American Legion. She was the widow of George, and the mother of Donald, David, and Gloria, and the grandmother of Barbara, Carol, and Gloria. Ruth was born in Bangor, Jan. 20, 1905, George, David, and Mark, were born in Orono, and Barbara, Robert, and David, in Yarmouth. Robert and Barbara were born in Bangor, while George and Mark were born in Portland. Ruth died at her residence, 201 Franklin Street, on April 26, 1985, at 80 years of age. Her husband died in 1966. She is survived by her son, Donald, and his wife, Carol, and by her daughter, Barbara, and her husband, Robert. Ruth was a member of the American Legion, and the American Legion Auxiliary. Ruth was a member of the Allagash Academy, and the First Congregational Church, and the American Legion.

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Talk About Being A Member Of The Senior Citizen- Friendship Club

Well you've certainly done a
good job and I would like to thank you
for your efforts.

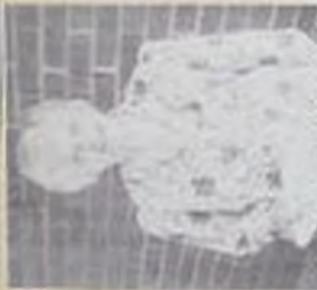
Principles of Psychology by Dr. William James
George Allen & Unwin Ltd., London
1911. Pp. xii + 512.

All the following are covered by the
Preliminary Draft Amendment's Article I
Provisions:

and the following day he was able to identify and photograph the first bird seen at the Rakaia Lagoon, and also obtained some further records.

The next year she became the mother of a son, and the following year she gave birth to a daughter.

www.oxfordjournals.org



Mar. 19th holding her cake and cake celebrating her 90th birthday at the Senior Citizens Friendship Club. Many more celebrate many more and more fun both as we have as you do today.



ON THE GO WITH THE SENIOR CITIZENS FRIENDSHIP CLUB

The Senior Citizens Friend-
ship Club celebrated their Annual
Mother's Day Luncheon on May
10, 1983 at the Joseph Community
Center, "Mickey," 7554
A, dedicated luncheon was
served by Peggy Baker of the
Chickasaw Chef
Saturday, June 10, 1983 were
enjoyed.

A special dinner was held
by our dedicated member, GENE
MOSS.
Dinner were treated for the
Sisterhood members.

If you want to join your

1942 from 7:00 to 9:00 a.m. or 10:00 to 12:00 p.m., March, and an hour and half boat trip which is just delightful. You do not have to be a senior citizen to participate in this fun day, so don't hesitate - CALL!

Marcia Bernstein, Physician, conducted about fifteen meetings which 400 citizens by the program referred Margaret Schatz, District Attorney, about 300 children to Mary Ann Amick as a dynamic speaker and gave an interesting and informative talk.

N.B.X.T. 210-018-7-0-0
"Goodbye," May Your Well-Being
Be As Bright As Our Sunshine
Barbara Ferguson



March 2nd, 1983
of Mulligan's Restaurant,





SENIOR CITIZENS NEWS 1983

Holy Mackerel! Are we senior citizens planning things for May and June. If you're not a member, why don't you join us and have some fun too!

After the regular meeting in April of reports from our secretary and treasurer, we went onto new business, which is - Plans for the Barbecue to be held at Paula and David Adelman's home, the date to be announced. If you have not purchased a raffle ticket, you should because you don't realize what a wonderful prize you are missing. Two cloisene flower pots, with glass flowers in the pots which would be a wonderful addition to the most elegant home!

Mother's Day Luncheon was observed at Miller's Restaurant, May 12th at 12:30 p.m. Fifty-five people attended. Ron Roberts, solo entertainer gave the program.

We are planning a boat trip and luncheon on Tuesday, June 21st to Boothbay Harbor; dinner at Fisherman's Wharf, then a two-hour boat trip - bus and luncheon and trip is \$13.50. However, if you don't want to take the boat ride, it will be \$10.00 and you can go shrimping around town and enjoy that too. Luncheon at 11:30 a.m.

In October, the trip to the Catskill Mountains is filled up; with reservations for half of another bus.

Our deepest sympathy goes out to our recording and corresponding secretary, Bessie Wald, in the great loss of her husband, Jack. We, as members, will certainly miss seeing him. He was a devoted member of our group.

Your reportaka gave a reading of the Geronomo Indian Family in mama Ioshen for Ida Rolsky, Esther Dresner, and a few others who were away or absent when the play was done by the Beth Abraham Sisterhood Players.

We welcomed new members Al and Sally Shuman of Brewer and we welcomed Al's interest and remarks and know they are an addition to our club - keep it up Al! As for Sally, she was my financial treasurer when I was president of Beth Abraham Sisterhood and she did a fantastic job.

A bag lunch was brought by each member and in honor of Sylvia and Saul Nyer's 59th Wedding Anniversary and Saul's 84th birthday, the club served ice cream.

Birthdays for May are Marion Flash and Philip Nisenbaum.

Welcome home Floridians Bangorians and as they say, "When I lived in the deep Mississippi Delta, y'all have a Happy Shavous with plenty of blintzes and milchka kugels."

Noo, ess is shane tziel to zogen eichalamen Solong beez neksten mol Foon eira reportaka,

Miriam Viner

SENIOR CITIZENS ON THE MOVE

Whadya know, I'm back again to tell you, we held our last meeting on June 8th for the season.

Our President, Marcia Braveman, opened the business meeting and announced the following activities: August 1st - a barbecue at the home of Paula and David Adelman; a trip to Boothbay Harbor for luncheon and a boat ride, on June 21, and plans for a Lakewood trip.

Welcome back, Bessie Wald - good to have you aboard again! And, nice to see you back again Saddle Kominsky. Welcome to new members, Elizabeth Gopan and Hilda Goodstein. We welcome your interest, and remarks. Al Shuman.

Birthday girls are Marcia Braveman, President and Rosalie Adelman.

A round of applause was given to Mary Anne Saxl, who gave us a delightful impression of parents and children. Mary Anne just won first place in the Women's division of the Lydia O. Spear speaking contest of State finals held at the University of Maine, April 5.

Ida Rolsky was hostess for refreshments, in honor of her first grandson, Louis Benjamin, son of Robby and Laura Rolsky from Topanga, California. Ida made a hurried trip to meet her little grandson and tells me he's quite a little guy and from the snapshot his Boba showed us, he is! Again, Mazel-Tov, Boba!

Bakers for the barbecue are Faye Goodman, Ida Rolsky, Celia Segal, Pearl Singer, Lila Emple, Lena Sinclair, and of course, me too!

Noo, as iz shein Islet to gain Ich vinch icke alamon a gezuntun Zummur on ich denke iche alamon far leanner compliments izoo meer far mine schriebein

Your reportaka,
Miriam Viner

Do You Recognize The Grounds?



How fortunate are we to have the kindness of this young couple who contributed so much since their early 20's.

Shown above at the picnic is Paula Murchison, director of the Eastern Task Force on Aging, addressing the group.

You should, as this is the 20th year that Paula and David Adelman have extended an invitation to the Senior Citizens Friendship Club to hold their Annual Picnic and both Paula and David have given more than their grounds, they cook barbecue, and

in January, SMT is happy to provide the service New friendships have developed and we look forward to future exchange.

Nancy Croamer, account executive for Nesbitt-Thomson & Bengard Inc., holds seminars for SENIORS giving advice on taxes, housing investments, any subject seniors want to discuss. Clubs wishing to hold a seminar may contact her at 637-5508 and arrange the time and place.

SENIORS 65 and over, if thoughts of spring cleaning are horrifying and regular chores

ABD AND RESEARCH will be glad to help. They work by the hour costs vary from \$3.80 to \$5. If it's only the kitchen floor you need scrubbed - no problem (without obligation) at 633-4841 weekday morning.

March 4, 7 p.m.: Desert evening at the Saint John's Community YMCA. For more information

March 11, 7 p.m.: The SOUTH

SENIORS will entertain to local Lomond residents refreshments will be served Nordstrand (Meatball) for the LIONS

March 18, 7 p.m.: The RIVER VALLEY SENIORS

will be served a meal, 3 for \$1 or 50 cent each, on an afghan, two oil paintings and a hooked rug, all hand made. Next draw is for the afghan, and oil paintings and hooked rug. Murphy is president at 738-2348.

March 25, 7 p.m.: The HILLTOP SENIORS

will be served a meal, \$1.50 per person. March 28, they have an Easter draw on a basket of items. For more information call 633-4841.

March 31, 7 p.m.: The CARLTON KIDS and a few others will be served a meal, \$1.50 per person. Holiday Inn, 200 Main St. will be drawn, and a special time will be given after dinner March 31, to MAINACS head bazaar at 10 a.m. We sincerely hope they do their best as much as we did when we visited Bangor.

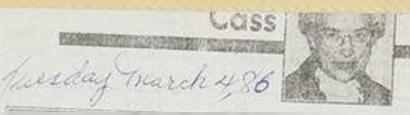
March 1, 7 p.m.: IRISH

CLUB Little people are coming out of the walls, preparing now to note the countdown to the great day for the IRISH, March 17.

Had a week in advance of activities to Florence, Mass.

532-7348 Deadline for calling Wednesday midnight.

March 1, 7 p.m.: The



Bangor seniors coming to town

March means facing the FEDERAL BUDGET. Many will escape the cold and slightly unpredictable weather for a break down south. Tues entertain the BANGOR SENIORS, celebrate ST. PATRICK'S DAY and be thankful for the New Horizon Grants that two clubs from the Lewiston Zone received.

NINE HORIZONS grants were approved for New Brunswick by Health and Welfare Canada, totaling \$1,000.

GOLDEN AGE CLUB will receive \$2,740 for group bowling activities. They have signed up 92 seniors for bowling at \$1 for three strings.

The FUNNY SWINGERS were awarded \$1,700 for a social and recreational group of 57 members. The other grants went to Moncton, Campbellton, Richibucto and Steep.

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