



High Holy Days 2021/5782

Dear Congregants and Friends,

Shanah Tovah! As we've been enjoying the end of our Maine summer, Bet Ha'am's Board, staff and volunteers have been working together to plan for High Holy Day services. Before we gather, I want to update you on some important changes that will affect our observance this year.

At this time, we are planning a hybrid service that will provide both in-person and online worship opportunities. Whether you plan to join us in the sanctuary or from the comfort of your own home, we are working to provide a worshipful experience for all. Our goal is to gather as a community to collectively experience the High Holy Days and to do so as safely as possible. After careful deliberation, our Board of Trustees put attendance protocols into place to ensure the safety of our service leaders, our staff, and the entire community. These protocols were developed under the guidance of our Reopening Task Force as it continues to monitor current COVID-19 trends and CDC recommendations. They are as follows:

- Masks must be worn at all times while indoors and must properly cover the nose and mouth. Masks are not required outdoors, unless there will be singing.
- All individuals who wish to attend worship services in person must be fully vaccinated and be willing to attest to vaccination status.
- Advance registration for in-person services is required.
- Eating is not allowed in the building.
- Children's services will be held online only.

Although leadership choices continue to be influenced by the ongoing pandemic, we are confident that a conservative approach will ensure the safety of our congregation and allow us to continue to worship together in person. We thank you for trusting us with such important decisions.

In the meantime, a member of the Board of Trustees will be reaching out during the High Holy Day season to connect with you and wish you a Happy New Year. Please take the time to talk with them or to [email me](#) if you have concerns or questions.

We all wish you a happy, healthy new year!

Shanah Tovah,

Sylvia Most
President, Board of Trustees

Register for Services

**REGISTRATION
REQUIRED**

At this time, we are planning a hybrid service that will provide both in-person and at-home worship opportunities. Those who wish to join us in person must be fully vaccinated and be willing to attest to vaccination status. If you are not fully vaccinated, we invite you to stream our services online and worship with us from home. Those who wish to worship from home do not need to register; online service links will be emailed to congregants by Wednesday, September 1st.

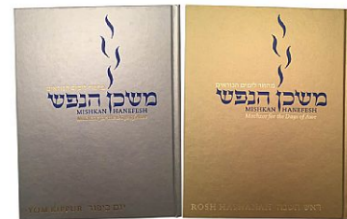
To register for in-person services, please complete the registration form by clicking the "Register for Services" button below. High Holy Day service registration will close on **Friday, August 27th**.

Register for Services

Borrow a Prayer Book

If you are a member and would like to worship from home, the two-volume *Mishkan HaNefesh* may be borrowed from our library.

Books will be available for check-out at our Welcome Back Ice Cream Social on Sunday, August 29th from 1 to 3 pm. Visit the library table to learn more. For other pick up options, please [email Donna Landau](#) by Monday, August 30th. A limited number of large print editions are available. You may also [order your very own](#) Mishkan HaNefesh from the CCAR Press. The two-volume set is \$44.



Given the current challenging circumstances, the CCAR Press is once again providing free flipbooks. To learn more, click [here](#).

Annual Food Drive



Support Bet Ha'am's Annual Food Drive! This year, in light of current COVID-19 restrictions, we are sponsoring our annual food drive by collecting monetary donations rather than donations of food. Writing a check for the amount you would have spent on food donations maximizes the impact of your gift. For the same

amount of money, agencies can buy up to eight times the amount of food you can purchase by yourself.

Please [donate online](#) or **make your checks payable to Bet Ha'am** and write "**food drive**" on the memo line. After Yom Kippur, we will divide the donations evenly between these organizations:

- South Portland Food Cupboard
- Project FEED at Woodford Congregational Church
- Jewish Family Services Pantry
- MAZON: The Jewish Response to Hunger

Yizkor Booklet



On Yom Kippur, we will have available a virtual version of our traditional *yizkor* (memorial) book. If you have a loved one who passed away during the past year or in previous years whose name you would like added to our yizkor book, please contact [Teri Berenson](#) before **Tuesday, August 31**.

During *Yizkor*, our memorial service on Yom Kippur, Rabbi Saks will remember loved ones who have passed away since our last High Holy Day season. If you have a loved one who died during the past year whose name you would like included in the list of names that the Rabbi will read aloud, please [contact the office](#) before **Tuesday, August 31**.

Schedule of Services

SELICHOT

Saturday, August 28 (pre-recorded, register [here](#)), 7:30 PM

ROSH HASHANAH

Erev Rosh Hashanah Service - Monday, September 6, 8:00 PM

Children's Service* (online) - Tuesday, September 7, 8:30 AM

Torah Study - Tuesday, September 7, 9:00 AM

Worship Service - Tuesday, September 7, 10:00 AM

Tashlich - Tuesday, September 7, 12:30 PM (approximate time after worship service)

SHABBAT SHUVAH

Shabbat Family Service - Friday, September 10, 6:00 PM

Torah Study - Saturday, September 11, 9:00 AM

Shabbat Morning Service - Saturday, September 11, 10:30 AM

KOL NIDRE - Wednesday, September 15, 8:00 PM

YOM KIPPUR - Thursday, September 16

Children's Service* (online) - 8:30 AM

Torah Study - 9:00 AM

Worship Service - 10:00 AM

Meditation & Healing Service - 12:45 PM

Afternoon Study - 2:30 PM

Afternoon Service - 3:30 PM

Yizkor Service - 5:00 PM

Neilah - 6:00 PM

SUKKOT and SIMCHAT TORAH:

Erev Sukkot Service in the Sukkah - Monday, September 20, 7:30 PM

Sukkot Morning Service - Tuesday, September 21, 10:30AM

Erev Simchat Torah and Consecration - Monday, September 27, 6:00 PM

* Children's services are designed for children in third grade and younger with their families.

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