



June 10, 2020 - 18 Sivan 5780

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Dear JCA Community,

For many of us, the past few weeks feel as though they have been full to overflowing with current events, information, and emotion. We are living through a time of momentous change and upheaval and it is a lot to take in and process. I know I am looking forward to this weekend's [Maine Conference for Jewish Life](#), and hope that many of you will join this year's virtual experiences on Friday evening and Sunday. It is sure to be a source of much needed courage, healing and inspiration.

We are grateful for your responses to our Programming survey, and your ideas related to new and continued initiatives to address racial injustice. Our staff is working to identify opportunities for growth and learning as individuals and as a collective, and we have already started to share links to resources, courses, and gatherings focused on bringing a Jewish framework to equity and anti-racism work.

We will continually add to our website in the weeks to come, and we are also beginning some new classes (including Outdoor Oula with KJFS Director Karli Efron, which started tonight, and [Avodat Lev – Service of the Heart – Yoga series with Ashley Flowers](#)).

This is also a time when we celebrate our graduates. Last week's Pre-K graduation, [modified as a drive-through event](#), was a heartwarming celebration of the achievements and growth of an amazing class, each of whom made a mark on our program and will be missed!

In addition, we are pleased to announce the [2020 JCA High School Award Recipients](#):

**President's Cup**, *Max Brown*

**Stephen Brent Jacobson Scholarship Award**, *Benjamin Israel*

**Robert J. Agger Memorial Award**, *Hannah Dubinsky & Alexander Riggle*

These young leaders have demonstrated that the values and skills they have built as part of our community will be generously shared in the broader world in so many ways. We are so excited to follow their growth and accomplishments in the future!

L'Shalom,

Molly Curren Rowles  
Executive Director

## **JCA PROGRAMS**

**JCA Outdoor Oula Fitness Classes with  
Karli Efron**

**Wednesdays, June 10, 17, 24 at 7:00 PM  
JCA Parking Lot (1342 Congress Street,  
behind the building) - \$5/person**



A high-energy, easy to learn, crazy-fun dance workout to top 40 hits!

**Advanced registration** is required by Tuesday at 12 noon before each Wednesday evening class. Limited to 10 participants.

All participants must complete **this health screening** the day of class.

\*\*Participants will maintain 6' social distancing, must wear a face mask and bring a water bottle. There will be no access to the JCA facility or restrooms.\*\*



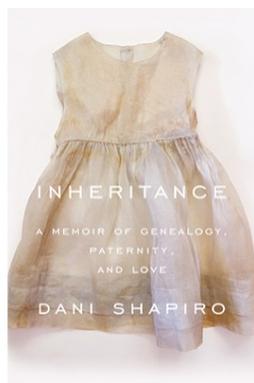
**AVODAT LEV - A Contemplative Morning Practice with Ashley Flowers**  
Thurs. June 11, 18, 25; July 2, 9 at 9AM

Join Ashley Flowers for Avodat Lev (Service of the Heart), a five-week video series offering a creative contemplative practice designed to help us connect. We'll start posting Thursday mornings starting tomorrow, but first off, meet Ashley, E-RYT500, and resident yoga teacher for the JCA: <https://youtu.be/xXPqkyjKH0c>



**Movement Mondays with PJ Library Aleph Bet Yoga w/ Sarah Spiegel Dunn**  
Mondays, June 15, 22 at 9:30 AM

Join PJ Library Mom and founder of [Samudra Yoga Studio](#) Sarah Spiegel to stretch, breath and move your bodies into poses inspired by the Hebrew alphabet. On Facebook at [PJ Library Southern Maine](#).



**Online JCA Book Group - Inheritance by Dani Shapiro**  
***Facilitated by Fionna Nilsson***  
Thursday, June 18th at 7:30 PM

What makes us who we are? What combination of memory, history, biology, experience, and that ineffable thing called the soul defines us?

Book group participation is free. Advanced registration required at [mainejewish.org](http://mainejewish.org)



CENTER FOR  
SMALL TOWN  
JEWISH LIFE



## The (Virtual) Maine Conference For Jewish Life

*Presented by the Center for Small Town Jewish Life*

**Friday June 12 and Sunday, June 14**

Advanced registration required at:  
<http://www.colby.edu/jewishlife/registration/>

New schedule available at:  
<http://www.colby.edu/jewishlife/schedule/>

The online conference will consist of statewide services on Friday night, and a day of learning on Sunday, capped off with an intimate concert with [Nefesh Mountain](#).

# WE ARE HERE

## We Are Here: A Celebration of Resilience, Resistance, and Hope

*Presented by the Museum of Jewish Heritage in New York City, along with [The National Yiddish Theatre Folksbiene](#) and [Sing For Hope](#).*

**Sunday, June 14th at 2:00 PM EST**

The COVID-19 pandemic has highlighted the need for us to be resilient, to resist the rise of racism, and to plan and hope for a better future. Three leading New York City institutions have come together to present a free performance that gives voice to these themes. Featuring soprano Renée Fleming, The Pianist star Adrien Brody, Broadway star Lea Salonga, Grammy winner John Brancy, NPR's From The Top host Peter Dugan, Dr. Ruth Westheimer, comedians Whoopi Goldberg and Tiffany Haddish, and many more.  
<https://www.wearehere.live/>



## Olympic Pride American Prejudice Free Film Screening and Conversation

*Presented by the [Maine Jewish Film Festival](#)*

**Saturday, June 20 – Sunday June 21**

You must sign up to receive the link and password to see this film. [Just click here to sign up](#) and on Saturday June 20, you will receive the email with the film link and password as well as information to join the Zoom Conversation with the director Deborah Riley Draper on the 21st at 7PM.

## WORLDWIDE PROGRAMS & EVENTS

**A Virtual Celebration of Music | Food | Film | Books | Television | Ideas**  
*Presented by the Temple Emanu-El*



Streicker Center, NYC  
June 1 – 22, 2020

Featuring the cast of Unorthodox, Tony Kushner, Jesse Eisenberg, and a concert by Idan Raichel. All webinars are free. Registration required. For more information and to register:  
<https://www.emanuelnyc.org/streickercenter/june-celebration/>



**Standing Up in the Face of Hate in America Today**

*A webinar presented by the Anti-Defamation League (ADL)*

**Thursday, June 11th at 2:30 PM ET**

ADL CEO Jonathan Greenblatt will outline planned actions to confront this devastating national crisis in the wake of the murder of George Floyd and answer your questions. With recorded appearances by Van Jones, Andrew Yang, Eric Garcetti and Jennifer Rubin. Register at:

[https://adl.zoom.us/webinar/register/5115917158818/WN\\_ce755oulS-2xRYKDQVvkqUg](https://adl.zoom.us/webinar/register/5115917158818/WN_ce755oulS-2xRYKDQVvkqUg)

**Where to Start:  
Being an Ally to the  
Black Community**



**Friday, June 12th  
12:00 - 1:00 p.m. PST**

**REGISTER**

<https://sandiego.adl.org/event/being-an-ally/>

**Where to Start: Being an Ally to the Black Community**

*Presented online via Zoom by ADL San Diego and Arizona*

**Friday, June 12th at 3:00 PM ET**

Join ADL San Diego & Arizona for an interactive webinar to examine the manifestations of bias in our lives and explore the everyday actions we must take to disrupt racial injustice. Register at:

[https://adl.zoom.us/webinar/register/WN\\_Ytpr5zbrR32M\\_u587EBUzA](https://adl.zoom.us/webinar/register/WN_Ytpr5zbrR32M_u587EBUzA)



**All Together Now: Jewish Ideas For This Moment**

*HARTMAN SUMMER@HOME 2020  
from the [Shalom Hartman Institute](#)*

**June 29 – July 23, 2020**

A virtual celebration of Jewish ideas addressing questions about citizenship, moral responsibilities and spiritual sustenance in this time. Highlights of this FREE month-long event include:

- Beit Midrash learning experiences with top Hartman faculty.
- Evening 'Culture & Conversation' programs
- Master classes on the Trump peace plan, Israeli literature, and more

Jewish Ideas for this Moment

# ALL TOGETHER NOW

- Small group learning with the world's finest teachers.

To register and receive the schedule:  
<https://hartman.tfaforms.net/4717544>

## NEWS & UPDATES



### [2020 JCA High School Award Recipients](#)

We are pleased to announce the 2020 JCA High School Award Recipients! These young leaders have demonstrated that the values and skills they have built as part of our community will be generously shared in the broader world in so many ways. We are so excited to follow their growth and accomplishments in the future.  
<https://www.mainejewish.org/2020-jca-high-school-award-recipients/>



### [JCA Stands in Solidarity with the Black Community](#)

The Jewish Community Alliance of Southern Maine stands in solidarity with the Black community in Maine and nationwide. We condemn the police killing of George Floyd, and the history of police brutality targeting people of color, especially Black and Indigenous people. Please read our full statement here:  
<https://www.mainejewish.org/jca-stands-in-solidarity-with-the-black-community/>



### [Center Day Camp Will Not Open for Summer 2020](#)

With heavy hearts, we are announcing that Center Day Camp will not open for the summer of 2020. Sometimes being part of a community means giving up experiences and traditions we love for the greater good and the future of one another and our program. Please read our full letter here: <https://www.mainejewish.org/center-day-camp-will-not-open-for-summer-2020/>

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Website: [www.mainejewish.org](http://www.mainejewish.org) | email: [jca@mainejewish.org](mailto:jca@mainejewish.org)



Jewish Community Alliance | (207) 772-1959, 1342 Congress Street, Portland, ME 04102

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